

vation. The items taught need not be taken in the strict order of the schedule. The Sister or Charge Nurse should place her initials before each item after she has taught it.

CLASS WORK.

(Instruction to be given by the Matron, Assistant Matron, or a Senior Sister.*)

1. Ward etiquette.
2. Elementary facts about disease germs. How they leave the body; how they are carried to other persons; how they are destroyed in nursing.
3. Nursing of isolated cases in a large ward.
4. Disinfection of wards and rooms.
5. Fever nursing in private houses.
6. Common ward poisons: Strychnine, carbolic acid, tincture of opium, morphia, etc.; doses and symptoms.
7. Bandaging.
8. Common surgical instruments.
9. Nurse's duty in minor operations; aseptic treatment of wounds.
10. Outlines of theatre work. Preparation of patient, etc., for such major operations as are likely to be performed in fever hospitals.
11. General revisal of ward nursing as comprised in the schedule.

WARD WORK.—PART I.

1. Cleaning work in ward, bath-rooms, etc.
2. Observing ward temperature; ventilation of wards.
3. Bed-making.
4. Care of mackintoshes.
5. Preparation for, and reception of, new patient.
6. Blanket-bathing in bed.
7. Bathing: Dangers and precautions.
8. Hot-water bottles: Dangers and precautions.
9. Treatment of verminous heads.
10. Hair and nail cutting.
11. Prevention of soreness about face and ears.
12. Prevention of bedsores.
13. Lifting and moving of acute cases (including adults) in bed.
14. Temperature taking in axilla, mouth, rectum.
15. Giving of ordinary feeds.
16. Preparation of food for babies; cleaning and care of bottles.
17. Giving of meals; prevention of soiling.
18. Giving of bed-pans and bottles.
19. When and how to save specimens of stools and urine.
20. Saving of sputum specimens.
21. Strengths and special uses of carbolic, boracic, perchloride, and other common antiseptic lotions.
22. Sterilisation of instruments; care of sterilisers.
23. Avoidance of germ-carrying by hands, uniform, and nursing articles.
24. How to deal with soiled dressings and swabs.
25. How to prevent soiling of patient's clothing, bed-clothes, etc., by infective discharges.
26. Treatment of soiled bedclothes, clothing, etc.
27. Safeguarding of mattresses and pillows.

* Each item taught is initialed by the teacher.

28. Drying of discharges; prevention.
29. Dressing of children; minor repairs to clothing.

WARD WORK.—PART II.

1. How to prepare simple foods: Barley water, lemonade, peptonised milk, whey, junket, albumen water, milk-jelly, beef-tea, arrowroot, Benger's food, etc.
2. Food and medicine measures, with symbols.
3. Giving of ordinary medicines.
4. Giving of various common enemata.
5. Taking of pulse and respirations.
6. Charting.
7. Writing of ward-reports.
8. Making of bed-side reports to medical officer.
9. Making and changing of fomentations; prevention of scalding.
10. Making and changing of poultices; prevention of scalding.
11. Syringing of throats.
12. Swabbing of throats.
13. Spraying of nose and throat.
14. Cleansing the eye.
15. Instillation of drops into eye.
16. Application of ointments to eye.
17. Application of dressings to the eye.
18. Instillations into ear.
19. Preparations for minor operations and surgical dressings.
20. Preparations for giving antitoxin and precautions to be observed.
21. Sterilisation of antitoxin and hypodermic syringes; care of needles.
22. Preparation of patients for examination by the medical officer.
23. Names and places of all instruments, nursing articles, etc., in the ward, and places where they are kept.
24. Nasal feeding.
25. Management of steam-kettle.
26. Management of cases of convulsion.
27. Preparation for giving anæsthetics, general and local.
28. Preparations for passing catheter.
29. Passing of female catheter.
30. Preparations for examining ear.
31. Preparations for taking throat-culture.
32. Tracheotomy: Preparations for operation.
33. Nurse's duty during the operation of tracheotomy.
34. After-nursing of tracheotomy.
35. Giving of hypodermics.
36. Giving of vapour and hot-air baths; dangers.
37. Hot and cold sponging.
38. Giving of baths, hot and cold.
39. Application of ice to head, spine.
40. Application of ice to abdomen.
41. Evaporating lotions.
42. Moving of typhoid fever cases in bed.
43. Elements of urine-testing.
44. Disinfection of typhoid stools and urine.
45. Precautions against self-infection in typhoid fever.

N.B.—Each of the above items of ward work, both in Part I and Part II., is initialed by the Sister or Charge Sister after she has taught it.

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